

# JOURNEYS | The Road Home

## Most Needed Items



### Most Needed Food Pantry Items Shelf Stable/Non Perishable

Peanut Butter & Jelly- **Most needed**  
Hormel Compleats Meals - **Most needed**  
Canned and packets of Tuna and Chicken  
Salad- **Most Needed**  
Rice - Instant and smaller bags (1lb)  
Instant mashed potatoes  
Macaroni and Cheese  
Cereal  
Canned Fruit in Water or Fruit juice

Breakfast Bars  
Trail Mix Snack size and larger bags  
Protein Bars  
Soup with pop top cans - non condensed  
Canned chili  
Crackers  
Hamburger and Tuna Helper  
Canned Vegetables  
Canned Beans

### Non Food Items

Small Denomination Gift Cards - **Most needed (gas, grocery, pharmacy, Walmart)**  
Mens and Womens Deodorant  
Adult Men's T-Shirts (M-XXL)  
Adult sized backpacks - slightly used ok  
Adult sized sleeping bags - must be clean, and all zippers working.  
Mens and Women's Undewear- **New Only**  
Emergency Thermal Blankets - mylar  
Diapers (*inquire for what sizes are needed*)  
Baby Wipes

Please contact JOURNEYS Development Associate,  
Ellen Prather, regarding any additional donations.  
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